

7 Important Things You Should Know About Molly/MDMA

- 1. What is Molly?** Molly is known to be the “pure” powder or crystal form of **MDMA**, short for 3,4-methylenedioxymethamphetamine, a man-made chemical drug used in Ecstasy pills. The drug is a stimulant often used at nightclubs and other all-night parties.
- 2. Effects.** According to the NIDA, Molly has effects like other stimulants and often makes the user feel euphoric. Molly floods the brain with dopamine and serotonin, causing the “ecstasy” and euphoric highs related to the drug. However, the “crash” that comes after may not be worth the feel-good. Chronic users have reported feeling extremely depressed several days after periods of use.
- 3. It has a wide variety of side effects,** though they vary person to person, including:
 - Confusion
 - Increased heart rate
 - Sweating
 - Dilated pupils
 - Jaw clenching
 - Hallucinating
 - Disorganized or delusional thinking
 - Memory impairment
 - Convulsions
 - Hypertension AND hypotension
 - Inability to regulate body temperature
 - Heart damage
 - Hyperthermia
 - Organ failure
 - Panic attacks
 - Seizures
 - Coma
 - Death
- 4. Molly is dangerous because of the toxic mix of unknown chemicals;** users have no idea what they're taking or at what dose. Unlike MDMA and other illegal drugs that have known effects on the body, the formulas for these synthetic drugs keep changing, and they're manufactured with no regard to how they affect the user. In addition, other substances such as caffeine, dextromethorphan (found in some cough syrups), amphetamines, PCP, and cocaine can be added to -- or substituted for -- MDMA in Ecstasy or Molly.
- 5. “Purer” does not mean “safer”.** Ecstasy is sold in pill form, Molly, sold in a powder, crystalline or tablet form, is considered “pure” MDMA compared to Ecstasy. Truth is, Ecstasy and Molly may have several psychogenic additives, and there is no way to know what is in it. Even if it is “pure” MDMA, MDMA is dangerous stimulant in and of itself.
- 6. Don't Mix** Molly or MDMA with alcohol or other drugs – even caffeine. MDMA dehydrates; adding alcohol and caffeine to the mix makes it worse. Molly is considered a stimulant. There is no way to know how your body will react to combining Molly with other drugs.
- 7. Stay hydrated – but not too much.** Overheating causes a large percentage of medical emergencies, and deaths have occurred from heat stroke. Most of the other medical emergencies and deaths result from people drinking too much water too fast, which causes a fatal electrolyte imbalance in the body.