

Songs for the Soul

Come sing soulful songs to lift your spirit in community and to experience a sense of connection to oneself and others! We will sing Appalachian, gospel, shape note, protest, and “pocket” lullaby songs to awaken and nourish the soul. The aim is to gather one’s light through joy, connection, and clarity. This is an activity-based support group.

Mondays 4:15-5:30,
October 7 -December 2
IWS Pond House with
Amrita Lash.

Contact
iws@williams.edu
to sign up!

All students
and voices are
welcome and
no musical
experience is
necessary.

