

Fall 2024

# SPORT PSYCHOLOGY COUNSELING HOURS

[sportpsych@williams.edu](mailto:sportpsych@williams.edu)

**Tuesday at 4, Wednesday at 2  
Thursday at 4, Friday at 9**

Drop-in sessions for brief confidential one on one or small group discussions with an IWS therapist. Sessions held remotely.

If something about sport, performance, or life in general is on your mind, let's talk.

Email [sportpsych@williams.edu](mailto:sportpsych@williams.edu) with preferred meeting times to reserve a time and receive a meeting link.

