

A confidential

Wellbeing Drop-in

Thursdays 4-5

Jenness House

10 Morley Dr.

A space for students to explore personal and collective challenges, self-care, spirituality, multiculturalism, acculturation stress, social identity exploration, incidents of harm, campus resources, and more. Connection and wellbeing is the aim.

Drop-ins are one-on-one in the “Pretty Room” on the 2nd floor.
All are welcome.